

# Hemophilia Treatment Centers: A RESOURCE FOR COMPREHENSIVE CARE

Von Willebrand disease (VWD) is a complex disorder. Good quality medical care from a multidisciplinary team of clinicians who have extensive knowledge about the disorder can help prevent serious complications. Often the best choice is a comprehensive hemophilia treatment center (HTC), a specialized health care institution that brings together a team of physicians, nurses, and other health care professionals experienced in managing people with bleeding disorders. There are about 141 federally funded HTCs and related programs across the country—use the web link provided below to access a directory of HTCs and identify the center closest to you.

A study of 3,000 people with bleeding disorders showed that those who used an HTC were 40% less likely to die of a hemophilia-related complication than those who did not receive care at an HTC. Similarly, people who received care at an HTC were 40% less likely to be hospitalized for bleeding complications.

Baker JR, et al. *Am J Public Health*. 2005;95:1910-1916.

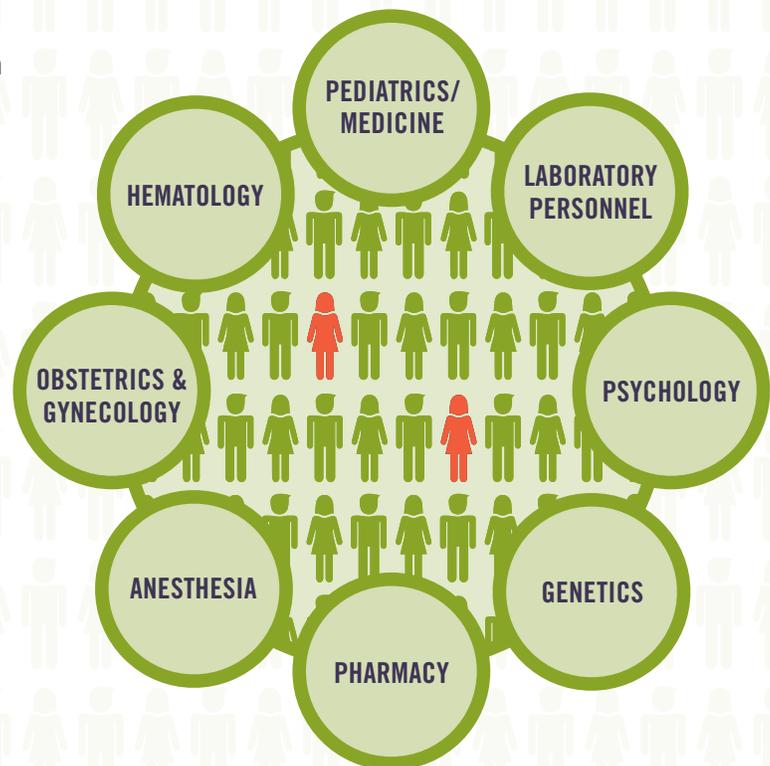
Soucie JM, et al. *Blood*. 2000;96:437-442.

Soucie JM, et al. *Haemophilia*. 2001;7:198-206.

## ROLE OF THE HTC FOR WOMEN WITH BLEEDING DISORDERS

- Support development and implementation of women's programs
- Educate primary care providers about bleeding disorders in women
- Utilize medical resources efficiently
- Provide prenatal care visits
- Develop pregnancy and delivery plans
- Coordinate medical procedures
- Co-manage heavy menstrual bleeding

Winikoff R, et al. *Haemophilia*. 2004;10:196-204.



## FIND A HEMOPHILIA TREATMENT CENTER

Search online: **Hemophilia Treatment Center Directory** or view the link below

<https://www.cdc.gov/ncbddd/hemophilia/htc.html>